

NWmet ZONE TRACK & FIELD CHAMPIONSHIPS

LANSW

Meet Summary - All Events

	Seed	Heats	Final		
Cyrus Bailey - Male - Age: 10 - Comp#: 14826 - Kings Langley					
#10 Boys U 10 70 Metre Sprint	12.48			DNS	
#18 Boys U 10 100 Metre Sprint	17.08			DNS	
#140 Boys U 10 1100 Metre Walk	8:30.85			DNS	
Kalea Bailey - Female - Age: 7 - Comp#: 14691 - Kings Langley					
#1 Girls U 7 50 Metre Sprint	11.07			DNS	
#3 Girls U 7 70 Metre Sprint	14.88			DNS	
#11 Girls U 7 100 Metre Sprint	23.50			DNS	
Adelayde Baker - Female - Age: 12 - Comp#: 40368 - Kings Langley					
#21 Girls U 12 100 Metre Sprint	16.98			15.84	(9) *
#77 Girls U 12 80 Metre Hurdles (68cm)	17.96	17.29 (5)		17.29	(5) *
#143 Girls U 12 1500 Metre Walk	10:18.26			10:16.25	(3) *
#179 Girls U 12 Long Jump	3.28m			3.40m	(7) *
#191 Girls U 12 Triple Jump	7.53m			7.79m	(3) *
#243 Girls U 12 Javelin (400 Gram)	ND			11.68m	(7) *
Jake Baptiste - Male - Age: 17 - Comp#: 40385 - Kings Langley					
#50 Boys U 17 200 Metre Sprint	25.39			24.77	(4) *
#86 Boys U 17 110 Metre Hurdles (76cm)	NT	15.64 (2)		15.64	(2) *
#94 Boys U 17 300 Metre Hurdles (76cm)	52.97			42.71	(1) *
Zone: 42.71					
#168 Boys U 17 High Jump (S/H 1.30m)	1.68m			1.60m	(7)
#188 Boys U 17 Long Jump	5.79m			5.70m	(3)
#200 Boys U 17 Triple Jump	13.26m			12.89m	(2)
Quinn Bombardiere - Female - Age: 8 - Comp#: 14710 - Kings Langley					
#13 Girls U 8 100 Metre Sprint	17.80			18.07	(7)
#33 Girls U 8 200 Metre Sprint	40.32			37.49	(2) *
#69 Girls U 8 60 Metre Hurdles (45cm)	13.43			12.59	(3) *
#171 Girls U 8 Long Jump	3.10m			3.12m	(3) *
Mitchell Borg - Male - Age: 14 - Comp#: 40400 - Kings Langley					
#164 Boys U 14 High Jump (S/H 1.25m)	1.35m			1.39m	(4) *
#184 Boys U 14 Long Jump	4.17m			DNS	
#196 Boys U 14 Triple Jump	8.85m			9.25m	(5) *
Tara Borg - Female - Age: 10 - Comp#: 14774 - Kings Langley					
#17 Girls U 10 100 Metre Sprint	19.22			17.99	(16) *
#155 Girls U 10 High Jump (S/H 0.90m)	NH			DNS	
#175 Girls U 10 Long Jump	2.81m			2.90m	(14) *
#227 Girls U 10 Shot Put (2.0 Kg)	ND			DNS	
Roj Carimi - Female - Age: 12 - Comp#: 40393 - Kings Langley					
#41 Girls U 12 200 Metre Sprint	40.02			DNS	
#59 Girls U 12 400 Metre Sprint	1:39.79			DNS	
#105 Girls U 12 800 Metre Run	3:52.20			3:39.89	(8) *
#119 Girls U 12 1500 Metre Run	7:40.07			DNS	
#179 Girls U 12 Long Jump	2.75m			DNS	
Rojin Carimi - Female - Age: 13 - Comp#: 40379 - Kings Langley					
#61 Girls U 13 400 Metre Sprint	1:25.74			DNS	
#107 Girls U 13 800 Metre Run	3:10.01			3:08.29	(7) *
#121 Girls U 13 1500 Metre Run	7:11.88			6:40.14	(7) *
#129 Girls U 13 3000 Metre Run	17:46.50			DNS	
#145 Girls U 13 1500 Metre Walk	NT			DNS	
#181 Girls U 13 Long Jump	2.94m			DNS	
Vincent Chan - Male - Age: 17 - Comp#: 45936 - Kings Langley					
#68 Boys U 17 400 Metre Sprint	1:01.61			DNS	
#168 Boys U 17 High Jump (S/H 1.30m)	1.40m			1.55m	(11) *
Andre Chmielewski - Male - Age: 9 - Comp#: 14829 - Kings Langley					
#54 Boys U 9 400 Metre Sprint	1:36.74			DNS	
#72 Boys U 9 60 Metre Hurdles (45cm)	NT			DNS	
#154 Boys U 9 High Jump (S/H 0.85m)	NH			0.90m	(14) *

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Rafael Chmielewski - Male - Age: 10 - Comp#: 14828 - Kings Langley					
#56 Boys U 10 400 Metre Sprint	1:39.12		DNS		
#74 Boys U 10 60 Metre Hurdles (60cm)	17.66		14.72	(12)	*
#228 Boys U 10 Shot Put (2.0 Kg)	ND		5.74m	(5)	*
Mackenzie Clifford-Farrell - Female - Age: 13 - Comp#: 40417 - Kings Langley					
#23 Girls U 13 100 Metre Sprint	17.43		16.07	(13)	*
#79 Girls U 13 80 Metre Hurdles (76cm)	NT		DNS		
#181 Girls U 13 Long Jump	3.43m		3.39m	(13)	
Callum Connaughton - Male - Age: 8 - Comp#: 14801 - Kings Langley					
#6 Boys U 8 70 Metre Sprint	13.47		12.10	(4)	*
#14 Boys U 8 100 Metre Sprint	18.02		17.05	(5)	*
#70 Boys U 8 60 Metre Hurdles (45cm)	13.73		12.74	(5)	*
#224 Boys U 8 Shot Put (1.5 Kg)	ND		3.63m	(12)	*
Ruwin Cooray - Male - Age: 15 - Comp#: 45933 - Kings Langley					
#28 Boys U 15 100 Metre Sprint	13.80		12.86	(11)	*
#48 Boys U 15 200 Metre Sprint	27.98		27.28	(10)	*
#66 Boys U 15 400 Metre Sprint	1:09.31		DNS		
#84 Boys U 15 100 Metre Hurdles (76cm)	21.59		DNS		
Brooke Dickson - Female - Age: 17 - Comp#: 40410 - Kings Langley					
#113 Girls U 17 800 Metre Run	3:49.77		3:35.82	(4)	*
#187 Girls U 17 Long Jump	2.58m		2.64m	(9)	*
#239 Girls U 17 Shot Put (3.0 Kg)	ND		5.61m	(6)	*
Keira Dickson - Female - Age: 14 - Comp#: 40409 - Kings Langley					
#147 Girls U 14 1500 Metre Walk	10:34.10		9:17.68	(4)	*
#163 Girls U 14 High Jump (S/H 1.20m)	1.30m		NH		
#183 Girls U 14 Long Jump	4.00m		3.76m	(16)	
#195 Girls U 14 Triple Jump	8.50m		8.68m	(8)	*
#215 Girls U 14 Discus (1.0 Kg)	ND		18.07m	(5)	*
#235 Girls U 14 Shot Put (3.0 Kg)	ND		6.66m	(7)	*
Jayden Duncum - Male - Age: 17 - Comp#: 40406 - Kings Langley					
#68 Boys U 17 400 Metre Sprint	1:10.41		DNS		
#220 Boys U 17 Discus (1.5 Kg)	ND		39.95m	(3)	*
#240 Boys U 17 Shot Put (5.0 Kg)	ND		10.97m	(5)	*
#252 Boys U 17 Javelin (700 Gram)	ND		48.92m	(1)	*
Zone: 48.92m					
Lochlan Duncum - Male - Age: 14 - Comp#: 40405 - Kings Langley					
#64 Boys U 14 400 Metre Sprint	1:12.15		DNS		
#110 Boys U 14 800 Metre Run	3:02.65		DNS		
#124 Boys U 14 1500 Metre Run	NT		DNS		
#216 Boys U 14 Discus (1.0 Kg)	ND		23.46m	(5)	*
#248 Boys U 14 Javelin (600 Gram)	ND		24.87m	(2)	*
Riley Duncum - Male - Age: 12 - Comp#: 40404 - Kings Langley					
#60 Boys U 12 400 Metre Sprint	1:19.14		1:12.94	(9)	*
#106 Boys U 12 800 Metre Run	3:03.87		DNS		
#120 Boys U 12 1500 Metre Run	6:07.30		DNS		
#212 Boys U 12 Discus (750 Gram)	ND		29.01m	(1)	*
#232 Boys U 12 Shot Put (2.0 Kg)	ND		DNS		
#244 Boys U 12 Javelin (400 Gram)	ND		21.84m	(4)	*
Claire Giffney - Female - Age: 12 - Comp#: 40369 - Kings Langley					
#105 Girls U 12 800 Metre Run	3:53.41		3:56.78	(10)	
#143 Girls U 12 1500 Metre Walk	10:44.75		10:11.28	(2)	*
#211 Girls U 12 Discus (750 Gram)	ND		19.74m	(4)	*
#231 Girls U 12 Shot Put (2.0 Kg)	ND		7.08m	(9)	*
#243 Girls U 12 Javelin (400 Gram)	ND		9.81m	(9)	*

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	Seed	Heats	Final		
Michael Giffney - Male - Age: 8 - Comp#: 14712 - Kings Langley					
#52 Boys U 8 400 Metre Sprint	1:30.11		1:20.26	(4)	*
#98 Boys U 8 700 Metre Run Pack Start	2:45.31		2:37.89	(3)	*
#204 Boys U 8 Discus (500 Gram)	ND		13.80m	(2)	*
#224 Boys U 8 Shot Put (1.5 Kg)	ND		5.42m	(3)	*
Jessica Green - Female - Age: 7 - Comp#: 14799 - Kings Langley					
#3 Girls U 7 70 Metre Sprint	14.29		DNS		
#11 Girls U 7 100 Metre Sprint	19.42		DNS		
#169 Girls U 7 Long Jump	2.65m		DNS		
#221 Girls U 7 Shot Put (1.0 Kg)	ND		DNS		
Ryan Green - Male - Age: 13 - Comp#: 40421 - Kings Langley					
#24 Boys U 13 100 Metre Sprint	15.81		DNS		
#44 Boys U 13 200 Metre Sprint	33.88		DNS		
#80 Boys U 13 80 Metre Hurdles (76cm)	18.71		DNS		
#182 Boys U 13 Long Jump	3.95m		DNS		
#214 Boys U 13 Discus (750 Gram)	ND		DNS		
Amelia Hocroft - Female - Age: 10 - Comp#: 14795 - Kings Langley					
#101 Girls U 10 800 Metre Run	3:11.91		3:08.25	(5)	*
#155 Girls U 10 High Jump (S/H 0.90m)	NH		1.02m	(4)	*
#207 Girls U 10 Discus (500 Gram)	ND		11.26m	(12)	*
Alex Jack - Male - Age: 10 - Comp#: 14735 - Kings Langley					
#10 Boys U 10 70 Metre Sprint	11.84		11.02	(6)	*
#18 Boys U 10 100 Metre Sprint	16.29		15.41	(8)	*
#38 Boys U 10 200 Metre Sprint	35.49		32.79	(8)	*
#208 Boys U 10 Discus (500 Gram)	15.43m		14.22m	(14)	
Brian Jack - Male - Age: 9 - Comp#: 14725 - Kings Langley					
#16 Boys U 9 100 Metre Sprint	18.00		17.70	(16)	*
#54 Boys U 9 400 Metre Sprint	1:29.68		1:23.91	(7)	*
#154 Boys U 9 High Jump (S/H 0.85m)	NH		0.95m	(10)	*
#206 Boys U 9 Discus (500 Gram)	ND		11.30m	(14)	*
Beau Jenkins - Male - Age: 17 - Comp#: 40412 - Kings Langley					
#128 Boys U 17 1500 Metre Run	5:51.23		5:49.11	(9)	*
#152 Boys U 17 1500 Metre Walk	NT		8:48.49	(1)	
#168 Boys U 17 High Jump (S/H 1.30m)	1.65m		1.60m	(7)	
#188 Boys U 17 Long Jump	4.69m		4.98m	(7)	*
Emanuella Johnson - Female - Age: 13 - Comp#: 40419 - Kings Langley					
#61 Girls U 13 400 Metre Sprint	1:14.73		1:10.61	(4)	*
#181 Girls U 13 Long Jump	3.75m		4.22m	(4)	*
#193 Girls U 13 Triple Jump	7.20m		8.68m	(5)	*
#233 Girls U 13 Shot Put (3.0 Kg)	ND		6.92m	(6)	*
Tatiana Johnson - Female - Age: 15 - Comp#: 40420 - Kings Langley					
#197 Girls U 15 Triple Jump	8.22m		9.20m	(6)	*
#217 Girls U 15 Discus (1.0 Kg)	ND		14.50m	(4)	*
Claire Kelly - Female - Age: 11 - Comp#: 14748 - Kings Langley					
#39 Girls U 11 200 Metre Sprint	42.98		36.67	(13)	*
#177 Girls U 11 Long Jump	2.85m		2.52m	(13)	
#209 Girls U 11 Discus (500 Gram)	ND		15.25m	(8)	*
Lincoln Kenyon - Male - Age: 12 - Comp#: 40371 - Kings Langley					
#120 Boys U 12 1500 Metre Run	5:57.07		DNS		
Gurseerat Kaur Khangurha - Female - Age: 7 - Comp#: 14810 - Kings Langley					
#169 Girls U 7 Long Jump	1.57m		2.13m	(12)	*
#221 Girls U 7 Shot Put (1.0 Kg)	ND		2.54m	(8)	*
Jashanpreet Kaur Khangurha - Female - Age: 13 - Comp#: 40424 - Kings Langley					
#79 Girls U 13 80 Metre Hurdles (76cm)	NT		19.54	(8)	
Noah Klish - Male - Age: 9 - Comp#: 14726 - Kings Langley					
#16 Boys U 9 100 Metre Sprint	18.37		17.67	(15)	*
#174 Boys U 9 Long Jump	2.96m		3.22m	(6)	*

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	Seed	Heats	Final		
Caitlyn Ligertwood - Female - Age: 10 - Comp#: 14737 - Kings Langley					
#17 Girls U 10 100 Metre Sprint	18.36		DNS		
#37 Girls U 10 200 Metre Sprint	39.54		36.07	(10)	*
#101 Girls U 10 800 Metre Run	3:19.70		3:24.56	(7)	
#207 Girls U 10 Discus (500 Gram)	ND		11.25m	(13)	*
Jordan Maxwell - Male - Age: 9 - Comp#: 14722 - Kings Langley					
#100 Boys U 9 800 Metre Run	NT		3:31.83	(17)	
#154 Boys U 9 High Jump (S/H 0.85m)	NH		0.95m	(9)	*
Blake Metcalfe - Male - Age: 17 - Comp#: 40386 - Kings Langley					
#50 Boys U 17 200 Metre Sprint	26.28		25.21	(8)	*
#68 Boys U 17 400 Metre Sprint	1:01.04		DNS		
#86 Boys U 17 110 Metre Hurdles (76cm)	NT	17.50 (5)	17.50	(5)	
#114 Boys U 17 800 Metre Run	2:29.20		2:19.56	(5)	*
#220 Boys U 17 Discus (1.5 Kg)	ND		DNS		
#240 Boys U 17 Shot Put (5.0 Kg)	9.79m		DNS		
Lachlan Metcalfe - Male - Age: 12 - Comp#: 40372 - Kings Langley					
#22 Boys U 12 100 Metre Sprint	15.13		14.47	(10)	*
#60 Boys U 12 400 Metre Sprint	1:16.76		1:10.68	(6)	*
#180 Boys U 12 Long Jump	4.17m		4.28m	(5)	*
#212 Boys U 12 Discus (750 Gram)	33.58m		ND		
#232 Boys U 12 Shot Put (2.0 Kg)	ND		12.68m	(1)	*
#244 Boys U 12 Javelin (400 Gram)	27.80m		32.12m	(1)	*
Marshal Millar - Male - Age: 9 - Comp#: 14793 - Kings Langley					
#36 Boys U 9 200 Metre Sprint	40.98		38.59	(9)	*
#54 Boys U 9 400 Metre Sprint	1:31.89		1:27.24	(12)	*
#100 Boys U 9 800 Metre Run	3:32.31		3:12.54	(10)	*
#154 Boys U 9 High Jump (S/H 0.85m)	NH		DNS		
Jake Miller - Male - Age: 8 - Comp#: 14714 - Kings Langley					
#14 Boys U 8 100 Metre Sprint	NT		20.30	(19)	
#70 Boys U 8 60 Metre Hurdles (45cm)	14.64		14.22	(11)	*
#172 Boys U 8 Long Jump	2.23m		2.19m	(14)	
Miranda Miller - Female - Age: 9 - Comp#: 14728 - Kings Langley					
#15 Girls U 9 100 Metre Sprint	NT		17.36	(8)	
#71 Girls U 9 60 Metre Hurdles (45cm)	NT		12.40	(4)	
#153 Girls U 9 High Jump (S/H 0.80m)	NH		0.95m	(6)	*
#225 Girls U 9 Shot Put (2.0 Kg)	ND		4.72m	(6)	*
Lily Moore - Female - Age: 12 - Comp#: 40431 - Kings Langley					
#21 Girls U 12 100 Metre Sprint	15.72		14.96	(7)	*
#41 Girls U 12 200 Metre Sprint	33.01		DNS		
#159 Girls U 12 High Jump (S/H 1.10m)	1.17m		NH		
Ella Mulry - Female - Age: 12 - Comp#: 40432 - Kings Langley					
#21 Girls U 12 100 Metre Sprint	16.85		15.90	(10)	*
#59 Girls U 12 400 Metre Sprint	1:25.02		1:23.58	(9)	*
#105 Girls U 12 800 Metre Run	3:27.90		3:16.00	(6)	*
#179 Girls U 12 Long Jump	2.90m		DNS		
#191 Girls U 12 Triple Jump	7.14m		7.48m	(7)	*
Iankumaran Murugappan - Male - Age: 15 - Comp#: 40383 - Kings Langley					
#48 Boys U 15 200 Metre Sprint	28.44		DNS		
#84 Boys U 15 100 Metre Hurdles (76cm)	19.20		17.68	(2)	*
#198 Boys U 15 Triple Jump	10.87m		11.24m	(4)	*
#218 Boys U 15 Discus (1.0 Kg)	ND		34.84m	(2)	*
#238 Boys U 15 Shot Put (4.0 Kg)	ND		11.99m	(2)	*
#250 Boys U 15 Javelin (700 Gram)	ND		42.10m	(1)	*
Zone: 42.10m					
Jack Newsome - Male - Age: 8 - Comp#: 14767 - Kings Langley					
#14 Boys U 8 100 Metre Sprint	20.60		20.88	(20)	
#52 Boys U 8 400 Metre Sprint	1:50.62		1:49.57	(14)	*
#70 Boys U 8 60 Metre Hurdles (45cm)	15.35		15.03	(14)	*

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Matilda Newsome - Female - Age: 11 - Comp#: 14768 - Kings Langley					
#19 Girls U 11 100 Metre Sprint	18.69		17.73	(16)	*
#57 Girls U 11 400 Metre Sprint	1:32.91		1:28.97	(8)	*
#117 Girls U 11 1500 Metre Run	8:09.57		DNS		
Isaac Ortiz - Male - Age: 11 - Comp#: 14820 - Kings Langley					
#20 Boys U 11 100 Metre Sprint	15.40		15.05	(8)	*
#40 Boys U 11 200 Metre Sprint	34.32		31.30	(9)	*
#178 Boys U 11 Long Jump	3.93m		3.83m	(6)	
#190 Boys U 11 Triple Jump	7.28m		8.32m	(7)	*
Rafael Ortiz - Male - Age: 9 - Comp#: 14821 - Kings Langley					
#8 Boys U 9 70 Metre Sprint	12.72		12.01	(10)	*
#72 Boys U 9 60 Metre Hurdles (45cm)	12.79		12.11	(9)	*
#174 Boys U 9 Long Jump	3.00m		2.74m	(12)	
#226 Boys U 9 Shot Put (2.0 Kg)	ND		4.38m	(11)	*
Preston Peckham - Male - Age: 10 - Comp#: 14738 - Kings Langley					
#10 Boys U 10 70 Metre Sprint	12.97		11.66	(10)	*
#18 Boys U 10 100 Metre Sprint	16.82		16.52	(13)	*
#38 Boys U 10 200 Metre Sprint	34.80		35.58	(11)	
#176 Boys U 10 Long Jump	3.40m		3.20m	(15)	
Kieren Petersen - Male - Age: 9 - Comp#: 14770 - Kings Langley					
#36 Boys U 9 200 Metre Sprint	24.51		39.61	(11)	
#100 Boys U 9 800 Metre Run	4:11.95		3:30.24	(15)	*
#154 Boys U 9 High Jump (S/H 0.85m)	NH		0.90m	(12)	*
#226 Boys U 9 Shot Put (2.0 Kg)	ND		4.67m	(10)	*
Alexander Pivcevic - Male - Age: 11 - Comp#: 14749 - Kings Langley					
#40 Boys U 11 200 Metre Sprint	39.44		35.44	(12)	*
#58 Boys U 11 400 Metre Sprint	1:27.08		1:26.05	(10)	*
#104 Boys U 11 800 Metre Run	3:29.33		3:16.28	(12)	*
Andrea Plaatzjes - Female - Age: 12 - Comp#: 40373 - Kings Langley					
#41 Girls U 12 200 Metre Sprint	NT		32.51	(8)	
#59 Girls U 12 400 Metre Sprint	NT		1:16.07	(6)	
#119 Girls U 12 1500 Metre Run	6:48.22		DNS		
#179 Girls U 12 Long Jump	ND		3.52m	(6)	*
#243 Girls U 12 Javelin (400 Gram)	ND		DNS		
Annabelle Price - Female - Age: 7 - Comp#: 14704 - Kings Langley					
#1 Girls U 7 50 Metre Sprint	NT		11.04	(10)	
#3 Girls U 7 70 Metre Sprint	NT		DNS		
#95 Girls U 7 500 Metre Run Pack Start	2:03.44		2:40.03	(10)	
Harshinisri Rajesh Kumar - Female - Age: 10 - Comp#: 14780 - Kings Langley					
#17 Girls U 10 100 Metre Sprint	21.71		20.81	(18)	*
#37 Girls U 10 200 Metre Sprint	46.11		45.02	(14)	*
#139 Girls U 10 1100 Metre Walk	NT		DNS		
#227 Girls U 10 Shot Put (2.0 Kg)	ND		3.29m	(11)	*
Piper Robertson - Female - Age: 13 - Comp#: 40413 - Kings Langley					
#23 Girls U 13 100 Metre Sprint	15.65		15.19	(6)	*
#43 Girls U 13 200 Metre Sprint	35.42		DNS		
#79 Girls U 13 80 Metre Hurdles (76cm)	19.96		18.62	(4)	*
#181 Girls U 13 Long Jump	3.42m		3.14m	(17)	
Matilda Rowe - Female - Age: 11 - Comp#: 14750 - Kings Langley					
#75 Girls U 11 80 Metre Hurdles (60cm)	NT		21.76	(17)	
#177 Girls U 11 Long Jump	ND		2.32m	(14)	*
Daniel Russ - Male - Age: 7 - Comp#: 14705 - Kings Langley					
#2 Boys U 7 50 Metre Sprint	10.44		DNS		
#4 Boys U 7 70 Metre Sprint	14.65		13.20	(8)	*
#12 Boys U 7 100 Metre Sprint	20.88		DNS		
Hanna Russ - Female - Age: 9 - Comp#: 14731 - Kings Langley					
#7 Girls U 9 70 Metre Sprint	13.52		12.68	(6)	*
#15 Girls U 9 100 Metre Sprint	19.83		DNS		

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Maycee Saunders - Female - Age: 8 - Comp#: 14784 - Kings Langley					
#13 Girls U 8 100 Metre Sprint	20.48		18.85	(11)	*
#69 Girls U 8 60 Metre Hurdles (45cm)	15.55		14.02	(12)	*
#171 Girls U 8 Long Jump	2.19m		2.38m	(12)	*
#203 Girls U 8 Discus (500 Gram)	ND		6.38m	(12)	*
Ashton Sebastian - Male - Age: 7 - Comp#: 14706 - Kings Langley					
#4 Boys U 7 70 Metre Sprint	13.58		12.61	(3)	*
#12 Boys U 7 100 Metre Sprint	19.29		18.72	(8)	*
#32 Boys U 7 200 Metre Sprint	42.62		40.34	(6)	*
#96 Boys U 7 500 Metre Run Pack Start	1:59.82		2:02.54	(3)	
Pranshav Shah - Male - Age: 15 - Comp#: 40395 - Kings Langley					
#126 Boys U 15 1500 Metre Run	5:13.08		4:57.41	(1)	*
#134 Boys U 15 3000 Metre Run	12:38.64		10:44.89	(1)	*
#198 Boys U 15 Triple Jump	9.90m		DNS		
Elijah Shipley - Male - Age: 17 - Comp#: 40429 - Kings Langley					
#114 Boys U 17 800 Metre Run	2:30.04		2:25.39	(8)	*
#188 Boys U 17 Long Jump	4.81m		4.63m	(10)	
#200 Boys U 17 Triple Jump	10.97m		11.91m	(3)	*
#252 Boys U 17 Javelin (700 Gram)	ND		31.06m	(5)	*
Benjamin Smith - Male - Age: 17 - Comp#: 40387 - Kings Langley					
#94 Boys U 17 300 Metre Hurdles (76cm)	NT		55.02	(5)	
#168 Boys U 17 High Jump (S/H 1.30m)	NH		1.30m	(13)	*
#188 Boys U 17 Long Jump	3.99m		DNS		
#200 Boys U 17 Triple Jump	ND		8.53m	(5)	*
#220 Boys U 17 Discus (1.5 Kg)	ND		DNS		
#252 Boys U 17 Javelin (700 Gram)	ND		DNS		
Matilda Smith - Female - Age: 9 - Comp#: 14824 - Kings Langley					
#15 Girls U 9 100 Metre Sprint	20.71		20.23	(16)	*
#225 Girls U 9 Shot Put (2.0 Kg)	ND		4.06m	(11)	*
Alex Tan - Male - Age: 17 - Comp#: 45930 - Kings Langley					
#200 Boys U 17 Triple Jump	10.93m		DNS		
Kieran Teh - Male - Age: 15 - Comp#: 40411 - Kings Langley					
#28 Boys U 15 100 Metre Sprint	12.70		12.13	(4)	*
#48 Boys U 15 200 Metre Sprint	27.07		25.17	(4)	*
#198 Boys U 15 Triple Jump	11.04m		10.38m	(8)	
Cooper Thompson - Male - Age: 10 - Comp#: 14740 - Kings Langley					
#38 Boys U 10 200 Metre Sprint	37.58		36.31	(13)	*
#56 Boys U 10 400 Metre Sprint	1:32.81		1:33.21	(12)	
#156 Boys U 10 High Jump (S/H 0.95m)	NH		1.10m	(6)	*
#176 Boys U 10 Long Jump	3.20m		3.25m	(14)	*
Chayangkul Usaprom - Male - Age: 12 - Comp#: 40376 - Kings Langley					
#22 Boys U 12 100 Metre Sprint	15.24		14.95	(13)	*
#42 Boys U 12 200 Metre Sprint	32.29		30.49	(10)	*
#160 Boys U 12 High Jump (S/H 1.15m)	1.15m		1.20m	(9)	*
#180 Boys U 12 Long Jump	4.00m		4.19m	(8)	*
#192 Boys U 12 Triple Jump	8.40m		8.96m	(5)	*
Annika Ward - Female - Age: 17 - Comp#: 40389 - Kings Langley					
#29 Girls U 17 100 Metre Sprint	15.55		14.48	(6)	*
#85 Girls U 17 100 Metre Hurdles (76cm)	22.51		DNS		
#167 Girls U 17 High Jump (S/H 1.25m)	1.30m		DNS		
#187 Girls U 17 Long Jump	4.05m		4.08m	(6)	*
#199 Girls U 17 Triple Jump	9.20m		DNS		

NWmet ZONE TRACK & FIELD CHAMPIONSHIPS

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Meet Summary - All Events

	Seed	Heats	Final		
Cameron Ward - Male - Age: 17 - Comp#: 40388 - Kings Langley					
#30 Boys U 17 100 Metre Sprint	12.75		12.43	(7)	*
#50 Boys U 17 200 Metre Sprint	26.59		25.32	(6)	*
#86 Boys U 17 110 Metre Hurdles (76cm)	NT	16.44 (3)	16.44	(3)	
#94 Boys U 17 300 Metre Hurdles (76cm)	56.82		DNS		
#188 Boys U 17 Long Jump	5.22m		5.36m	(5)	*
#200 Boys U 17 Triple Jump	11.06m		DNS		
Lucas Ward - Male - Age: 10 - Comp#: 14741 - Kings Langley					
#74 Boys U 10 60 Metre Hurdles (60cm)	13.16		12.85	(7)	*
#156 Boys U 10 High Jump (S/H 0.95m)	NH		1.10m	(5)	*
#176 Boys U 10 Long Jump	3.28m		3.43m	(11)	*
#208 Boys U 10 Discus (500 Gram)	ND		22.10m	(3)	*
Michael White - Male - Age: 17 - Comp#: 40390 - Kings Langley					
#30 Boys U 17 100 Metre Sprint	12.14		11.80	(2)	*
#50 Boys U 17 200 Metre Sprint	25.09		24.31	(2)	*
#188 Boys U 17 Long Jump	5.41m		4.64m	(9)	
Opal Whittam - Female - Age: 12 - Comp#: 45931 - Kings Langley					
#59 Girls U 12 400 Metre Sprint	1:18.69		1:15.82	(5)	*
#119 Girls U 12 1500 Metre Run	6:35.65		6:38.67	(6)	
#191 Girls U 12 Triple Jump	7.55m		7.74m	(5)	*
Salote Wolfgramm - Female - Age: 12 - Comp#: 40377 - Kings Langley					
#211 Girls U 12 Discus (750 Gram)	ND		29.68m	(1)	*
#231 Girls U 12 Shot Put (2.0 Kg)	ND		9.87m	(1)	*
#243 Girls U 12 Javelin (400 Gram)	ND		21.99m	(1)	*
Viliani Wolfgramm - Male - Age: 10 - Comp#: 14742 - Kings Langley					
#56 Boys U 10 400 Metre Sprint	1:30.17		1:26.64	(9)	*
#102 Boys U 10 800 Metre Run	3:15.29		3:07.80	(7)	*
#176 Boys U 10 Long Jump	3.34m		3.56m	(7)	*
#208 Boys U 10 Discus (500 Gram)	ND		15.01m	(12)	*
Blake Issac Wotton - Male - Age: 8 - Comp#: 14787 - Kings Langley					
#34 Boys U 8 200 Metre Sprint	37.64		42.88	(14)	
#98 Boys U 8 700 Metre Run Pack Start	3:25.00		DNS		
#224 Boys U 8 Shot Put (1.5 Kg)	ND		DNS		
Sienna Wotton - Female - Age: 13 - Comp#: 40416 - Kings Langley					
#121 Girls U 13 1500 Metre Run	6:44.50		DNS		
#129 Girls U 13 3000 Metre Run	15:35.63		DNS		
#233 Girls U 13 Shot Put (3.0 Kg)	ND		DNS		
#245 Girls U 13 Javelin (400 Gram)	ND		DNS		
Jake Wynne - Male - Age: 10 - Comp#: 14743 - Kings Langley					
#10 Boys U 10 70 Metre Sprint	11.48		DNS		
#56 Boys U 10 400 Metre Sprint	1:18.37		1:14.63	(4)	*
#74 Boys U 10 60 Metre Hurdles (60cm)	11.98		11.68	(3)	*
#102 Boys U 10 800 Metre Run	2:49.12		DNS		
Lacey Wynne - Female - Age: 11 - Comp#: 14751 - Kings Langley					
#57 Girls U 11 400 Metre Sprint	1:20.19		1:19.17	(4)	*
#103 Girls U 11 800 Metre Run	3:06.30		3:02.09	(4)	*
#189 Girls U 11 Triple Jump	6.40m		7.34m	(7)	*
#229 Girls U 11 Shot Put (2.0 Kg)	7.77m		7.33m	(2)	
Relay					
1 Kings Langley					
#277 Girls U 9-12 4x100 Metre Relay (Jnr)	NT		1:06.89	(6)	
2 Kings Langley					
#278 Boys U 9-12 4x100 Metre Relay (Jnr)	NT		1:05.30	(5)	
3 Kings Langley					
#279 Girls U 12-17 4x100 Metre Relay (Snr)	NT		DNS		
4 Kings Langley					
#280 Boys U 12-17 4x100 Metre Relay (Snr)	NT		53.15	(4)	

NWmet ZONE TRACK & FIELD CHAMPIONSHIPS

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Meet Summary - All Events

	Seed	Heats	Final
Total Athletes: 80			
Total Relays: 4			