

**NORTH WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS****Roxborough Park****Session Report**

Session: 1 Friday Track Events

Day 1 - Friday 28/01/2022 - Starts at 05:00 PM

<b>Starts at</b>	<b>Event</b>	<b>Round</b>	<b>Entries</b>	<b>Heats</b>
5:00 PM	#1 Girls U 13 - 200 Metre Hurdles (68cm)	Final	6	1u
5:02 PM	#2 Boys U 13 - 200 Metre Hurdles (68cm)	Final	1	1u
5:08 PM	#3 Girls U 14 - 200 Metre Hurdles (76cm)	Final	4	1u
5:10 PM	#4 Boys U 14 - 200 Metre Hurdles (76cm)	Final	3	1u
5:17 PM	#5 Girls U 15 - 300 Metre Hurdles (76cm)	Final	1	1u
5:17 PM	#6 Boys U 15 - 300 Metre Hurdles (76cm)	Final	3	1u
5:17 PM	#7 Girls U 17 - 300 Metre Hurdles (76cm)	Final	4	1u
5:17 PM	#8 Boys U 17 - 300 Metre Hurdles (76cm)	Final	3	1u
5:29 PM	#9 Girls U 7 - 500 Metre Run Pack Start	Final	11	1u
5:35 PM	#10 Boys U 7 - 500 Metre Run Pack Start	Final	11	1u
5:41 PM	#11 Girls U 8 - 700 Metre Run Pack Start	Final	7	1u
5:47 PM	#12 Boys U 8 - 700 Metre Run Pack Start	Final	10	1u
6:01 PM	#13 Girls U 13 - 3000 Metre Run	Final	3	1u
6:01 PM	#14 Boys U 13 - 3000 Metre Run	Final	4	1u
6:01 PM	#15 Girls U 14 - 3000 Metre Run	Final	2	1u
6:01 PM	#16 Boys U 14 - 3000 Metre Run	Final	1	1u
6:16 PM	#17 Girls U 15 - 3000 Metre Run	Final	2	1u
6:16 PM	#18 Boys U 15 - 3000 Metre Run	Final	1	1u
6:16 PM	#19 Girls U 17 - 3000 Metre Run	Final	4	1u
6:16 PM	#20 Boys U 17 - 3000 Metre Run	Final	5	1u
	Athlete Count: 86		=====	=====
	Entry / Heat Totals:		86	20

**NORTH WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS****Roxborough Park****Session Report**

Session: 2 Friday Field Events

Day 1 - Friday 28/01/2022 - Starts at 05:00 PM

<b>Starts at</b>	<b>Event</b>	<b>Round</b>	<b>Entries</b>	<b>Heats</b>
5:00 PM	#1 Girls U 14 - Javelin (400 Gram)	Final	6	1u
5:00 PM	#2 Boys U 14 - Javelin (600 Gram)	Final	9	1u
5:45 PM	#3 Girls U 15 - Javelin (500 Gram)	Final	7	1u
5:45 PM	#4 Boys U 15 - Javelin (700 Gram)	Final	4	1u
6:15 PM	#5 Boys U 12 - Javelin (400 Gram)	Final	11	1u
6:30 PM	#6 Girls U 12 - Javelin (400 Gram)	Final	5	1u
7:00 PM	#7 Girls U 11 - Javelin (400 Gram)	Final	13	1u
7:25 PM	#8 Girls U 17 - Javelin (500 Gram)	Final	7	1u
7:25 PM	#9 Boys U 17 - Javelin (700 Gram)	Final	3	1u
5:00 PM	#10 Girls U 7 - Long Jump	Final	13	1u
5:00 PM	#11 Boys U 7 - Long Jump	Final	12	1u
5:00 PM	#12 Girls U 17 - Triple Jump	Final	10	1u
5:45 PM	#13 Boys U 17 - Triple Jump	Final	10	1u
5:00 PM	#14 Girls U 11 - Discus (500 Gram)	Final	16	1u
6:10 PM	#15 Boys U 11 - Discus 500 Gram)	Final	10	1u
	Athlete Count: 125		=====	=====
	Entry / Heat Totals:		136	15

**NORTH WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS****Roxborough Park****Session Report**

Session: 3 Saturday Track Events

Day 2 - Saturday 29/01/2022 - Starts at 08:00 AM

<b>Starts at</b>	<b>Event</b>	<b>Round</b>	<b>Entries</b>	<b>Heats</b>
8:00 AM	#21 Girls U 17 - 1500 Metre Run	Final	7	1u
8:00 AM	#22 Boys U 17 - 1500 Metre Run	Final	9	1u
8:00 AM	#23 Girls U 15 - 1500 Metre Run	Final	4	1u
8:00 AM	#24 Boys U 15 - 1500 Metre Run	Final	2	1u
8:08 AM	#25 Girls U 14 - 1500 Metre Run	Final	4	1u
8:08 AM	#26 Boys U 14 - 1500 Metre Run	Final	6	1u
8:08 AM	#27 Girls U 13 - 1500 Metre Run	Final	5	1u
8:08 AM	#28 Boys U 13 - 1500 Metre Run	Final	6	1u
8:16 AM	#29 Girls U 12 - 1500 Metre Run	Final	9	1u
8:16 AM	#30 Boys U 12 - 1500 Metre Run	Final	11	1u
8:24 AM	#31 Girls U 11 - 1500 Metre Run	Final	12	1u
8:24 AM	#32 Boys U 11 - 1500 Metre Run	Final	12	1u
9:02 AM	#33 Girls U 8 - 60 Metre Hurdles (45cm)	Heats	10	1u
9:05 AM	#34 Boys U 8 - 60 Metre Hurdles (45cm)	Heats	16	2u
9:11 AM	#35 Girls U 9 - 60 Metre Hurdles (45cm)	Heats	18	2u
9:17 AM	#36 Boys U 9 - 60 Metre Hurdles (45cm)	Heats	19	2u
9:28 AM	#37 Girls U 10 - 60 Metre Hurdles (60cm)	Heats	16	2u
9:34 AM	#38 Boys U 10 - 60 Metre Hurdles (60cm)	Heats	11	2u
9:50 AM	#39 Girls U 7 - 100 Metre Sprint	Heats	13	2u
9:54 AM	#40 Boys U 7 - 100 Metre Sprint	Heats	18	2u
9:58 AM	#41 Girls U 17 - 100 Metre Sprint	Heats	9	1u
10:00 AM	#42 Boys U 17 - 100 Metre Sprint	Heats	12	2u
10:04 AM	#43 Girls U 15 - 100 Metre Sprint	Heats	11	2u
10:08 AM	#44 Boys U 15 - 100 Metre Sprint	Heats	7	1u
10:10 AM	#45 Girls U 14 - 100 Metre Sprint	Heats	10	1u
10:12 AM	#46 Boys U 14 - 100 Metre Sprint	Heats	12	2u
10:16 AM	#47 Girls U 13 - 100 Metre Sprint	Heats	13	2u
10:20 AM	#48 Boys U 13 - 100 Metre Sprint	Heats	9	1u
10:22 AM	#49 Girls U 12 - 100 Metre Sprint	Heats	19	2u
10:26 AM	#50 Boys U 12 - 100 Metre Sprint	Heats	12	2u
10:30 AM	#51 Girls U 11 - 100 Metre Sprint	Heats	18	2u
10:34 AM	#52 Boys U 11 - 100 Metre Sprint	Heats	15	2u
10:38 AM	#53 Girls U 10 - 100 Metre Sprint	Heats	16	2u
10:42 AM	#54 Boys U 10 - 100 Metre Sprint	Heats	17	2u
10:46 AM	#55 Girls U 9 - 100 Metre Sprint	Heats	16	2u
10:50 AM	#56 Boys U 9 - 100 Metre Sprint	Heats	19	2u
10:54 AM	#57 Girls U 8 - 100 Metre Sprint	Heats	7	1u
10:56 AM	#58 Boys U 8 - 100 Metre Sprint	Heats	18	2u
11:10 AM	#59 Girls U 8 - 60 Metre Hurdles (45cm)	Final	8	1u
11:10 AM	#60 Boys U 8 - 60 Metre Hurdles (45cm)	Final	8	1u
11:13 AM	#61 Girls U 9 - 60 Metre Hurdles (45cm)	Final	8	1u
11:16 AM	#62 Boys U 9 - 60 Metre Hurdles (45cm)	Final	8	1u
11:19 AM	#63 Girls U 10 - 60 Metre Hurdles (60cm)	Final	8	1u
11:22 AM	#64 Boys U 10 - 60 Metre Hurdles (60cm)	Final	8	1u
11:35 AM	#65 Girls U 7 - 100 Metre Sprint	Final	8	1u
11:37 AM	#66 Boys U 7 - 100 Metre Sprint	Final	8	1u
11:39 AM	#67 Girls U 17 - 100 Metre Sprint	Final	8	1u

**NORTH WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS****Roxborough Park****Session Report**

Session: 3 Saturday Track Events

Day 2 - Saturday 29/01/2022 - Starts at 08:00 AM

<b>Starts at</b>	<b>Event</b>	<b>Round</b>	<b>Entries</b>	<b>Heats</b>
11:39 AM	#68 Boys U 17 - 100 Metre Sprint	Final	8	1u
11:41 AM	#69 Girls U 15 - 100 Metre Sprint	Final	8	1u
11:43 AM	#70 Boys U 15 - 100 Metre Sprint	Final	8	1u
11:43 AM	#71 Girls U 14 - 100 Metre Sprint	Final	8	1u
11:43 AM	#72 Boys U 14 - 100 Metre Sprint	Final	8	1u
11:45 AM	#73 Girls U 13 - 100 Metre Sprint	Final	8	1u
11:47 AM	#74 Boys U 13 - 100 Metre Sprint	Final	8	1u
11:47 AM	#75 Girls U 12 - 100 Metre Sprint	Final	8	1u
11:49 AM	#76 Boys U 12 - 100 Metre Sprint	Final	8	1u
11:51 AM	#77 Girls U 11 - 100 Metre Sprint	Final	8	1u
11:53 AM	#78 Boys U 11 - 100 Metre Sprint	Final	8	1u
11:55 AM	#79 Girls U 10 - 100 Metre Sprint	Final	8	1u
11:57 AM	#80 Boys U 10 - 100 Metre Sprint	Final	8	1u
11:59 AM	#81 Girls U 9 - 100 Metre Sprint	Final	8	1u
12:01 PM	#82 Boys U 9 - 100 Metre Sprint	Final	8	1u
12:03 PM	#83 Girls U 8 - 100 Metre Sprint	Final	8	1u
12:03 PM	#84 Boys U 8 - 100 Metre Sprint	Final	8	1u
12:35 PM	#85 Girls U 7 - 50 Metre Sprint	Heats	12	2u
12:39 PM	#86 Boys U 7 - 50 Metre Sprint	Heats	15	2u
12:48 PM	#87 Girls U 12 - 400 Metre Sprint	Final	12	2u
12:54 PM	#88 Boys U 12 - 400 Metre Sprint	Final	11	2u
1:00 PM	#89 Girls U 11 - 400 Metre Sprint	Final	11	2u
1:06 PM	#90 Boys U 11 - 400 Metre Sprint	Final	9	2u
1:12 PM	#91 Girls U 10 - 400 Metre Sprint	Final	15	2u
1:18 PM	#92 Boys U 10 - 400 Metre Sprint	Final	12	2u
1:24 PM	#93 Girls U 9 - 400 Metre Sprint	Final	9	2u
1:30 PM	#94 Boys U 9 - 400 Metre Sprint	Final	12	2u
1:36 PM	#95 Girls U 8 - 400 Metre Run Pack Start	Final	8	1u
1:39 PM	#96 Boys U 8 - 400 Metre Run Pack Start	Final	11	1u
1:42 PM	#97 Boys U 17 - 400 Metre Sprint	Final	10	2u
1:48 PM	#98 Girls U 17 - 400 Metre Sprint	Final	6	1u
1:51 PM	#99 Boys U 15 - 400 Metre Sprint	Final	7	1u
1:54 PM	#100 Girls U 15 - 400 Metre Sprint	Final	4	1u
1:57 PM	#101 Boys U 14 - 400 Metre Sprint	Final	6	1u
2:00 PM	#102 Girls U 14 - 400 Metre Sprint	Final	8	1u
2:03 PM	#103 Boys U 13 - 400 Metre Sprint	Final	8	1u
2:06 PM	#104 Girls U 13 - 400 Metre Sprint	Final	7	1u
2:09 PM	#105 Girls U 7 - 50 Metre Sprint	Final	8	1u
2:11 PM	#106 Boys U 7 - 50 Metre Sprint	Final	8	1u
	Athlete Count: 461		=====	=====
	Entry / Heat Totals:		865	117

**NORTH WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS****Roxborough Park****Session Report**

Session: 4 Saturday Field Events

Day 2 - Saturday 29/01/2022 - Starts at 08:00 AM

<b>Starts at</b>	<b>Event</b>	<b>Round</b>	<b>Entries</b>	<b>Heats</b>
8:30 AM	#16 Girls U 10 - Discus (500 Gram)	Final	14	1u
8:30 AM	#17 Boys U 14 - Discus (1.0 Kg)	Final	7	1u
9:15 AM	#18 Boys U 17 - Discus (1.5 Kg)	Final	3	1u
9:45 AM	#19 Boys U 13 - Discus (750 Gram)	Final	9	1u
9:45 AM	#20 Girls U 8 - Discus (500 Gram)	Final	6	1u
10:30 AM	#21 Girls U 15 - Discus (1.0 Kg)	Final	2	1u
10:30 AM	#22 Boys U 9 - Discus (500 Gram)	Final	13	1u
11:00 AM	#23 Girls U 17 - Discus (1.0 Kg)	Final	7	1u
11:45 AM	#24 Boys U 12 - Discus (750 Gram)	Final	10	1u
8:30 AM	#25 Girls U 12 - High Jump (S/H 1.10m)	Final	10	1u
8:30 AM	#26 Girls U 13 - High Jump (S/H 1.15m)	Final	5	1u
9:15 AM	#27 Boys U 10 - High Jump (S/H 0.95m)	Final	11	1u
9:15 AM	#28 Boys U 14 - High Jump (S/H 1.25m)	Final	9	1u
10:00 AM	#29 Girls U 17 - High Jump (S/H 1.25m)	Final	4	1u
10:25 AM	#30 Girls U 11 - High Jump (S/H 1.00m)	Final	9	1u
11:10 AM	#31 Girls U 15 - High Jump (S/H 1.20m)	Final	4	1u
11:10 AM	#32 Girls U 9 - High Jump (S/H 0.80m)	Final	9	1u
12:30 PM	#33 Boys U 13 - Javelin (600 Gram)	Final	5	1u
12:30 PM	#34 Boys U 11 - Javelin (400 Gram)	Final	8	1u
8:30 AM	#35 Boys U 11 - Long Jump	Final	7	1u
8:30 AM	#36 Boys U 8 - Long Jump	Final	15	1u
9:15 AM	#37 Boys U 12 - Long Jump	Final	17	1u
9:40 AM	#38 Girls U 13 - Long Jump	Final	13	1u
10:45 AM	#39 Girls U 14 - Long Jump	Final	5	1u
10:50 AM	#40 Girls U 10 - Long Jump	Final	21	1u
11:15 PM	#41 Boys U 17 - Long Jump	Final	9	1u
12:00 PM	#42 Boys U 15 - Long Jump	Final	9	1u
12:20 PM	#43 Girls U 8 - Long Jump	Final	10	1u
1:05 PM	#44 Boys U 9 - Long Jump	Final	15	1u
8:30 AM	#45 Boys U 15 - Shot Put (4.0 Kg)	Final	5	1u
8:30 AM	#46 Girls U 11 - Shot Put (2.0 Kg)	Final	15	1u
9:00 AM	#47 Girls U 14 - Shot Put (3.0 Kg)	Final	6	1u
9:40 AM	#48 Boys U 7 - Shot Put (1.0 Kg)	Final	12	1u
9:45 AM	#49 Boys U 17 - Shot Put (5.0 Kg)	Final	2	1u
10:15 AM	#50 Boys U 8 - Shot Put (1.5 Kg)	Final	11	1u
10:50 AM	#51 Boys U 10 - Shot Put (2.0 Kg)	Final	12	1u
11:25 AM	#52 Girls U 12 - Shot Put (2.0 Kg)	Final	15	1u
12:00 PM	#53 Girls U 13 - Shot Put (3.0 Kg)	Final	5	1u
12:30 PM	#54 Girls U 9 - Shot Put (2.0 Kg)	Final	5	1u
8:30 AM	#55 Boys U 13 - Triple Jump	Final	6	1u
9:15 AM	#56 Girls U 15 - Triple Jump	Final	8	1u
10:00 AM	#57 Girls U 12 - Triple Jump	Final	13	1u
11:30 AM	#58 Girls U 11 - Triple Jump	Final	13	1u
12:40 PM	#59 Boys U 14 - Triple Jump	Final	7	1u
	Athlete Count: 334		=====	=====
	Entry / Heat Totals:		401	44

**NORTH WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS****Roxborough Park****Session Report**

Session: 5 Sunday Track Events  
Day 3 - Sunday 30/01/2022 - Starts at 08:00 AM

<b>Starts at</b>	<b>Event</b>	<b>Round</b>	<b>Entries</b>	<b>Heats</b>
7:30 AM	#107 Girls U 9 - 700 Metre Walk	Final	9	1u
7:30 AM	#108 Boys U 9 - 700 Metre Walk	Final	10	1u
7:39 AM	#109 Girls U 10 - 1100 Metre Walk	Final	7	1u
7:39 AM	#110 Boys U 10 - 1100 Metre Walk	Final	3	1u
7:50 AM	#111 Girls U 11 - 1100 Metre Walk	Final	10	1u
7:50 AM	#112 Boys U 11 - 1100 Metre Walk	Final	6	1u
8:01 AM	#113 Girls U 12 - 1500 Metre Walk	Final	6	1u
8:01 AM	#114 Boys U 12 - 1500 Metre Walk	Final	0	0
8:01 AM	#115 Girls U 13 - 1500 Metre Walk	Final	2	1u
8:01 AM	#116 Boys U 13 - 1500 Metre Walk	Final	0	0
8:15 AM	#117 Girls U 14 - 1500 Metre Walk	Final	2	1u
8:15 AM	#118 Boys U 14 - 1500 Metre Walk	Final	1	1u
8:15 AM	#119 Girls U 15 - 1500 Metre Walk	Final	2	1u
8:15 AM	#120 Boys U 15 - 1500 Metre Walk	Final	1	1u
8:15 AM	#121 Girls U 17 - 1500 Metre Walk	Final	6	1u
8:15 AM	#122 Boys U 17 - 1500 Metre Walk	Final	2	1u
8:32 AM	#123 Boys U 17 - 110 Metre Hurdles (76cm)	Heats	1	1u
8:37 AM	#124 Girls U 17 - 100 Metre Hurdles (76cm)	Heats	6	1u
8:39 AM	#125 Boys U 15 - 100 Metre Hurdles (76cm)	Heats	5	1u
8:44 AM	#126 Girls U 15 - 90 Metre Hurdles (76cm)	Heats	8	1u
8:46 AM	#127 Boys U 14 - 90 Metre Hurdles (76cm)	Heats	8	1u
8:51 AM	#128 Girls U 14 - 80 Metre Hurdles (76cm)	Heats	6	1u
8:53 AM	#129 Boys U 13 - 80 Metre Hurdles (76cm)	Heats	5	1u
8:55 AM	#130 Girls U 13 - 80 Metre Hurdles (76cm)	Heats	9	1u
9:00 AM	#131 Girls U 12 - 80 Metre Hurdles (68cm)	Heats	14	2u
9:04 AM	#132 Boys U 12 - 80 Metre Hurdles (68cm)	Heats	12	2u
9:11 AM	#133 Girls U 11 - 80 Metre Hurdles (60cm)	Heats	14	2u
9:15 AM	#134 Boys U 11 - 80 Metre Hurdles (60cm)	Heats	15	2u
9:29 AM	#135 Boys U 7 - 70 Metre Sprint	Heats	15	2u
9:33 AM	#136 Girls U 7 - 70 Metre Sprint	Heats	14	2u
9:37 AM	#137 Boys U 8 - 70 Metre Sprint	Heats	17	2u
9:41 AM	#138 Girls U 8 - 70 Metre Sprint	Heats	8	1u
9:43 AM	#139 Boys U 9 - 70 Metre Sprint	Heats	14	2u
9:47 AM	#140 Girls U 9 - 70 Metre Sprint	Heats	14	2u
9:51 AM	#141 Boys U 10 - 70 Metre Sprint	Heats	13	2u
9:55 AM	#142 Girls U 10 - 70 Metre Sprint	Heats	11	2u
10:19 AM	#143 Boys U 17 - 800 Metre Run	Final	7	1u
10:23 AM	#144 Girls U 17 - 800 Metre Run	Final	7	1u
10:27 AM	#145 Boys U 15 - 800 Metre Run	Final	3	1u
10:31 AM	#146 Girls U 15 - 800 Metre Run	Final	9	1u
10:35 AM	#147 Boys U 14 - 800 Metre Run	Final	7	1u
10:39 AM	#148 Girls U 14 - 800 Metre Run	Final	6	1u
10:43 AM	#149 Boys U 13 - 800 Metre Run	Final	12	1u
10:47 AM	#150 Girls U 13 - 800 Metre Run	Final	5	1u
10:51 AM	#151 Boys U 12 - 800 Metre Run	Final	11	1u
10:55 AM	#152 Girls U 12 - 800 Metre Run	Final	14	1u
10:59 AM	#153 Boys U 11 - 800 Metre Run	Final	14	1u

**NORTH WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS****Roxborough Park****Session Report**

Session: 5 Sunday Track Events  
Day 3 - Sunday 30/01/2022 - Starts at 08:00 AM

<b>Starts at</b>	<b>Event</b>	<b>Round</b>	<b>Entries</b>	<b>Heats</b>
11:03 AM	#154 Girls U 11 - 800 Metre Run	Final	12	1u
11:07 AM	#155 Boys U 10 - 800 Metre Run	Final	12	1u
11:11 AM	#156 Girls U 10 - 800 Metre Run	Final	12	1u
11:15 AM	#157 Boys U 9 - 800 Metre Run	Final	15	1u
11:19 AM	#158 Girls U 9 - 800 Metre Run	Final	7	1u
11:28 AM	#159 Boys U 8 - 200 Metre Sprint	Heats	13	2u
11:32 AM	#160 Girls U 8 - 200 Metre Sprint	Heats	9	1u
11:34 AM	#161 Boys U 7 - 200 Metre Sprint	Heats	17	2u
11:38 AM	#162 Girls U 7 - 200 Metre Sprint	Heats	12	2u
11:42 AM	#163 Boys U 17 - 200 Metre Sprint	Heats	9	1u
11:44 AM	#164 Girls U 17 - 200 Metre Sprint	Heats	8	1u
11:46 AM	#165 Boys U 15 - 200 Metre Sprint	Heats	11	2u
11:50 AM	#166 Girls U 15 - 200 Metre Sprint	Heats	8	1u
11:52 AM	#167 Boys U 14 - 200 Metre Sprint	Heats	11	2u
11:56 AM	#168 Girls U 14 - 200 Metre Sprint	Heats	10	2u
12:00 PM	#169 Boys U 13 - 200 Metre Sprint	Heats	7	1u
12:02 PM	#170 Girls U 13 - 200 Metre Sprint	Heats	10	2u
12:06 PM	#171 Boys U 12 - 200 Metre Sprint	Heats	10	2u
12:10 PM	#172 Girls U 12 - 200 Metre Sprint	Heats	18	2u
12:14 PM	#173 Boys U 11 - 200 Metre Sprint	Heats	15	2u
12:18 PM	#174 Girls U 11 - 200 Metre Sprint	Heats	17	2u
12:22 PM	#175 Boys U 10 - 200 Metre Sprint	Heats	13	2u
12:26 PM	#176 Girls U 10 - 200 Metre Sprint	Heats	14	2u
12:30 PM	#177 Boys U 9 - 200 Metre Sprint	Heats	12	2u
12:34 PM	#178 Girls U 9 - 200 Metre Sprint	Heats	9	2u
12:56 PM	#179 Boys U 17 - 110 Metre Hurdles (76cm)	Final	8	1u
12:56 PM	#180 Girls U 17 - 100 Metre Hurdles (76cm)	Final	8	1u
12:56 PM	#181 Boys U 15 - 100 Metre Hurdles (76cm)	Final	8	1u
12:56 PM	#182 Girls U 15 - 90 Metre Hurdles (76cm)	Final	8	1u
12:56 PM	#183 Boys U 14 - 90 Metre Hurdles (76cm)	Final	8	1u
12:56 PM	#184 Girls U 14 - 80 Metre Hurdles (76cm)	Final	8	1u
12:56 PM	#185 Boys U 13 - 80 Metre Hurdles (76cm)	Final	8	1u
12:56 PM	#186 Girls U 13 - 80 Metre Hurdles (76cm)	Final	8	1u
12:59 PM	#187 Girls U 12 - 80 Metre Hurdles (68cm)	Final	8	1u
1:01 PM	#188 Boys U 12 - 80 Metre Hurdles (68cm)	Final	8	1u
1:06 PM	#189 Girls U 11 - 80 Metre Hurdles (60cm)	Final	8	1u
1:08 PM	#190 Boys U 11 - 80 Metre Hurdles (60cm)	Final	8	1u
1:20 PM	#191 Boys U 7 - 70 Metre Sprint	Final	8	1u
1:22 PM	#192 Girls U 7 - 70 Metre Sprint	Final	8	1u
1:24 PM	#193 Boys U 8 - 70 Metre Sprint	Final	8	1u
1:26 PM	#194 Girls U 8 - 70 Metre Sprint	Final	8	1u
1:26 PM	#195 Boys U 9 - 70 Metre Sprint	Final	8	1u
1:28 PM	#196 Girls U 9 - 70 Metre Sprint	Final	8	1u
1:30 PM	#197 Boys U 10 - 70 Metre Sprint	Final	8	1u
1:32 PM	#198 Girls U 10 - 70 Metre Sprint	Final	8	1u
2:04 PM	#199 Girls U 9-12 4x100 Metre Relay (Jnr)	Final	6	1u
2:08 PM	#200 Boys U 9-12 4x100 Metre Relay (Jnr)	Final	6	1u

**NORTH WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS****Roxborough Park****Session Report**

Session: 5 Sunday Track Events  
Day 3 - Sunday 30/01/2022 - Starts at 08:00 AM

<b>Starts at</b>	<b>Event</b>	<b>Round</b>	<b>Entries</b>	<b>Heats</b>
2:12 PM	#201 Girls U 12-17 4x100 Metre Relay (Snr)	Final	6	1u
2:16 PM	#202 Boys U 12-17 4x100 Metre Relay (Snr)	Final	6	1u
2:40 PM	#203 Boys U 8 - 200 Metre Sprint	Final	8	1u
2:42 PM	#204 Girls U 8 - 200 Metre Sprint	Final	8	1u
2:42 PM	#205 Boys U 7 - 200 Metre Sprint	Final	8	1u
2:44 PM	#206 Girls U 7 - 200 Metre Sprint	Final	8	1u
2:46 PM	#207 Boys U 17 - 200 Metre Sprint	Final	9	1u
2:46 PM	#208 Girls U 17 - 200 Metre Sprint	Final	8	1u
2:46 PM	#209 Boys U 15 - 200 Metre Sprint	Final	8	1u
2:48 PM	#210 Girls U 15 - 200 Metre Sprint	Final	8	1u
2:48 PM	#211 Boys U 14 - 200 Metre Sprint	Final	8	1u
2:50 PM	#212 Girls U 14 - 200 Metre Sprint	Final	8	1u
2:52 PM	#213 Boys U 13 - 200 Metre Sprint	Final	8	1u
2:52 PM	#214 Girls U 13 - 200 Metre Sprint	Final	8	1u
2:54 PM	#215 Boys U 12 - 200 Metre Sprint	Final	8	1u
2:56 PM	#216 Girls U 12 - 200 Metre Sprint	Final	8	1u
2:58 PM	#217 Boys U 11 - 200 Metre Sprint	Final	8	1u
3:00 PM	#218 Girls U 11 - 200 Metre Sprint	Final	8	1u
3:02 PM	#219 Boys U 10 - 200 Metre Sprint	Final	8	1u
3:04 PM	#220 Girls U 10 - 200 Metre Sprint	Final	8	1u
3:06 PM	#221 Boys U 9 - 200 Metre Sprint	Final	8	1u
3:08 PM	#222 Girls U 9 - 200 Metre Sprint	Final	8	1u
	Athlete Count: 477		=====	=====
	Entry / Heat Totals:		1,007	140



**NORTH WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS****Roxborough Park****Session Report**

Session: 6 Sunday Field Events

Day 3 - Sunday 30/01/2022 - Starts at 08:00 AM

<b>Starts at</b>	<b>Event</b>	<b>Round</b>	<b>Entries</b>	<b>Heats</b>
8:30 AM	#60 Girls U 12 - Discus (750 Gram)	Final	12	1u
8:30 AM	#61 Boys U 7 - Discus (350 Gram)	Final	11	1u
9:40 AM	#62 Girls U 7 - Discus (350 Gram)	Final	11	1u
9:40 AM	#63 Boys U 8 - Discus (500 Gram)	Final	10	1u
10:25 AM	#64 Girls U 14 - Discus (1.0 Kg)	Final	6	1u
10:25 AM	#65 Boys U 15 - Discus (1.0 Kg)	Final	6	1u
11:10 AM	#66 Girls U 13 - Discus (750 Gram)	Final	4	1u
11:10 AM	#67 Girls U 9 - Discus (500 Gram)	Final	9	1u
11:55 AM	#68 Boys U 10 - Discus (500 Gram)	Final	16	1u
8:30 AM	#69 Girls U 14 - High Jump (S/H 1.20m)	Final	5	1u
8:30 AM	#70 Boys U 12 - High Jump (S/H 1.15m)	Final	17	1u
9:00 AM	#71 Boys U 11 - High Jump (S/H 1.05m)	Final	14	1u
10:10 AM	#72 Boys U 13 - High Jump (S/H 1.20m)	Final	3	1u
10:10 AM	#73 Boys U 9 - High Jump (S/H 0.85m)	Final	12	1u
10:40 AM	#74 Boys U 17 - High Jump (S/H 1.30m)	Final	10	1u
11:20 AM	#75 Boys U 15 - High Jump (S/H 1.25m)	Final	8	1u
11:25 AM	#76 Girls U 10 - High Jump (S/H 0.90m)	Final	12	1u
12:35 PM	#77 Girls U 13 - Javelin (400 Gram)	Final	7	1u
8:30 AM	#78 Girls U 9 - Long Jump	Final	13	1u
8:30 AM	#79 Boys U 10 - Long Jump	Final	19	1u
9:40 AM	#80 Girls U 11 - Long Jump	Final	16	1u
10:00 AM	#81 Girls U 17 - Long Jump	Final	10	1u
10:45 AM	#82 Girls U 12 - Long Jump	Final	22	1u
10:50 AM	#83 Boys U 13 - Long Jump	Final	10	1u
11:35 AM	#84 Boys U 14 - Long Jump	Final	10	1u
12:15 AM	#85 Girls U 15 - Long Jump	Final	11	1u
8:00 AM	#86 Boys U 9 - Shot Put (2.0 Kg)	Final	10	1u
8:45 AM	#87 Girls U 15 - Shot Put (3.0 Kg)	Final	6	1u
8:45 AM	#88 Girls U 8 - Shot Put (1.5 Kg)	Final	6	1u
9:30 AM	#89 Girls U 10 - Shot Put (2.0 Kg)	Final	10	1u
9:30 AM	#90 Boys U 13 - Shot Put (3.0 Kg)	Final	9	1u
10:15 AM	#91 Boys U 14 - Shot Put (3.0 Kg)	Final	7	1u
10:15 AM	#92 Boys U 12 - Shot Put (2.0 Kg)	Final	15	1u
11:00 AM	#93 Girls U 17 - Shot Put (3.0 Kg)	Final	6	1u
11:25 AM	#94 Girls U 7 - Shot Put (1.0 Kg)	Final	10	1u
11:45 AM	#95 Boys U 11 - Shot Put (2.0 Kg)	Final	9	1u
8:30 AM	#96 Girls U 13 - Triple Jump	Final	9	1u
9:15 AM	#97 Boys U 15 - Triple Jump	Final	9	1u
10:00 AM	#98 Girls U 14 - Triple Jump	Final	5	1u
10:30 AM	#99 Boys U 11 - Triple Jump	Final	7	1u
11:25 AM	#100 Boys U 12 - Triple Jump	Final	12	1u
	Athlete Count: 341		=====	=====
	Entry / Heat Totals:		414	41